

To: School Board

From: Bob Thibault & Joy Benson

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RE: PE Credit for Varsity Sports

We would like to propose that we can award up to .5 PE credits (Team Sports) for successful completion of 2 seasons of any combination of varsity sports under the following conditions:

1. Student must apply in advance. Application includes approval by the student, parent, coach, AD, counselor, PE teacher of record, and administration. Application must be completed prior to the start of the first (of two) applicable sports seasons.
2. PE Teacher of Record is established by the administration, with time allotted during the teaching day (1 section per semester) to supervise the completion of required components.
3. Student must agree to successfully complete two full seasons of sports within one school year.
4. Student must also participate in each of the following:
 - Assist at a summer camp or clinic (of their sport) for at least 2 hours (Hours can not be used toward SHS community service hours)
 - Officiate Junior High/Parks and Rec scrimmage or game with assistance from qualified referee (must provide written verification from the Coach, Athletic Director, Parks & Rec Director and/or Assistant Director.
 - Keep score or the official book for at least one game at either a junior high sporting event or Parks and Recreation event
5. Student must (at conclusion of each season) submit a 3-5 page paper outlining their personal growth in the sport(s) played and describe how their experience is connected to at least 10 of the 16 learning goals of the Team Sports curriculum (see appendix A).
6. Student must remain academically eligible for entirety of sports seasons.
7. Student must remain in strong team standing for entirety of sports seasons.
 - a. Comply with SHS Athletic Handbook
 - b. good attendance (no unexcused absences from any team functions)
 - c. exemplifies the following characteristics:
 1. hard work
 2. leadership
 3. discipline
 4. teamwork
 5. physical fitness
8. Credit is awarded by PE Teacher of Record upon completion of all components.

Physical Education Standards - Appendix A

PE9-12:1

- A. Students will apply problem solving-skills in movement-related activities by solving movement challenges that involve more complex problems and/or increased group size and giving specific and critical feedback to a partner/group in order to develop more efficient skills.
- B. Students will apply problem solving-skills in movement-related activities by recognizing and developing strategies to accommodate personal strengths and weakness.
- C. Students will show an understanding of body awareness concepts by using advanced terminology to describe body movement while demonstrating and understanding the relationship of the body parts in the performance of more complex skills.
- D. Students will show an understanding of body awareness concepts by identifying the major skill components of more complex sports and recognizing the similarities between like skills in different activities.
- E. Students will show an awareness of body awareness concepts by using advanced terminology to describe body movement while demonstrating and understanding the relationship of the body parts in the performance of more complex skills.
- F. Students will show an awareness of body awareness concepts by identifying the major skill components of more complex sports and recognizing the similarities between like skills in different activities.

PE9-12:3

Students show an understanding of space concepts by applying space concepts appropriately in a variety of activities and recognizing the similarities in the use of space in more advanced activities.

PE9-12:4

Balance

Students show an understanding of quality of movement concepts and apply them to psycho-motor skills by applying balancing skills with various equipment and in a variety of activities.

Force/Energy, Time, and Flow

Students show an understanding of quality of movement concepts and apply them to psychomotor

PE9-12:5

Students will demonstrate competency in a variety of skills used in dance, gymnastics, sports, and other physical activities by selecting and performing appropriate skills at a competent level in three new types of physical activities, or activities in which competency has not previously been demonstrated. There should

be no more than two from any of the following categories: target sports, team/individual sports, run scoring games, rhythmic activities, outdoor recreational/adventure activity.

PE9-12:6

Students will demonstrate proficiency by selecting, performing and applying skills and knowledge appropriately at a proficient level in two different types of physical activities from any of the following categories: target sport, team/individual, run scoring games, rhythmic activities, outdoor recreational/adventure activity.

PE9-12:10

Students promote individual success and self-confidence by analyzing characteristics of sport and physical activities that are personally enjoyable, challenging and fulfilling by persevering to achieve a higher level of performance.

PE9-12:11

Students show safe behavior for self and others by anticipating and correcting potentially dangerous consequences and outcomes of a physical activity.

PE9-12:12

- A. Demonstrating responsibility for evaluating competition by quality of play rather than outcome.
- B. Demonstrating self-direction and displaying self-discipline.
- C. Identifying and developing one's abilities as a leader or followers in situations that require directing, guiding, and participating in a group.